



### REMOVABLE PROSTHESIS

#### What is a removable prosthesis?

Removable dental prosthesis rest directly on the gums and, in some cases, on the existing teeth. As the name indicates, **it can be removed and placed in the mouth**.

#### When is its use recommended?

- Patients with partial, unilateral and bilateral rehabilitation needs
- Elderly patients
- Patients with implants awaiting a definitive prosthesis.

#### What types of removable prosthesis are there?

##### ACRYLIC PROSTHESIS

Usually called dentures, with a pink-ish hue imitating the colour of gums. They are **used by patients with few or no teeth**. It is advisable to wash it after meals.

##### SKELETAL PROSTHESIS

Advised for **patients with natural teeth without mobility and healthy gums**. The adaptation to this type of metal-based prosthesis is much easier because, as they are not very bulky. They can be secured to existing teeth with hooks, so as to not come loose. They are **very hygienic** and, should they fall on the ground, **they do not break easily**.

##### FLEXIBLE PROSTHESIS

This type of customized prosthesis is indicated for **people who find it hard to adjust to rigid prosthesis**. It allows **greater comfort, less gum irritation and a greater effectiveness when chewing**.

#### How are they cleaned?

The prosthesis should be cleaned daily **outside the mouth**, using special materials indicated by your dentist.

#### Is it easy to get used to them?

**At first, some pain or discomfort may be experienced**, but you may also experience some of the following symptoms:

- increased production of saliva
- involuntary cheek biting
- feeling of pronouncing the words differently.

Follow these precautions:

- Chew food slowly using both sides of the mouth, choosing foods that are easier to chew
- Gradually adjust the pronunciation of words, speaking slowly.

#### What special care should be taken?

To prevent the appearance of fungi and bacteria, you should **clean and disinfect your dental prosthesis**.

It is also essential to **clean the mouth**: inside the cheeks, teeth, gums and tongue.

### FIXED PROSTHESIS

#### What is a fixed prosthesis?

Fixed prosthesis can be **crowns or bridges** and aim to **reproduce as close as possible the look of a natural dentition**.

These dental pieces are created in the clinic's lab and are screwed onto the implants or placed over the tooth's root; these cannot be removed by the patient.

#### When is a crown recommended?

- When teeth's roots are in good condition, but the **crown is already very broken, restored or underwent several dental interventions**
- **To protect teeth that underwent a root canal**, fractured teeth or teeth that have already underwent heavy reconstruction
- To **improve dental arch's aesthetics**, shape or teeth alignment.

#### What is the difference between an implant and a crown?

A dental **implant** works like an artificial root, is made of titanium and is placed in one of the jaws, to **support dental crowns**.

A **crown** is the visible part, which can be placed on an implant or on a natural tooth root, which will replace a tooth.

#### How long should one wait between placing an implant and a crown?

The average time between placing an implant and a crown is **3 months**. This is the time it takes to form bone around the implant.

#### How do I know if I have gingivitis or periodontitis?

Consult your dentist or dental hygienist for a periodontal diagnosis and, if necessary, they will inform you of the most appropriate treatment.

#### What to do when a crown is broken?

This is not a common occurrence but, should it happen to you, **contact one of our clinics** and make an appointment with your dentist.

#### How is it cleaned?

Hygiene care should be the same as with your natural teeth. Complete with the **use of dental floss or dental tape**. The use of an interdental brush may be recommended.

#### Why should you choose Clínica Méd

- **Reliable medical team** with professionals dedicated to the area of Prosthodontics who will find the most adequate solution for your case.
- Use of state-of-the-art techniques and materials, such as an **intraoral scanner**. This allows for a faster, more accurate and comfortable 3D viewing, ensuring a better patient experience.

